











September 2022



			1 Cinnamon Roll Max Cheese Sticks Marinara Sauce Green Beans Chocolate Pudding	2 Strawberry Frudel Chicken Alfredo Steamed Broccoli French Bread
5 NO SCHOOL	6 NO SCHOOL	7 Strawberry Bagel Grilled Hamburgers Chips Cookie	8 Egg & Cheese Biscuit Grilled Cheese Tomato Soup Tri Tater	9 Blueberry Waffles Deli Sandwich Chips Cookies
12 Coffee Cake  Taco Salad Steamed Corn Mini Donuts	13 Chocolate Chip French Toast Popcorn Chicken Scalloped Potatoes Steamed Peas Dinner Roll	14 Cinnamon Roll Chicken Fried Steak Mashed Potatoes Gravy Dinner Roll	15 Sausage & Biscuit  Enchiladas Green Beans Muffin	16 Blueberry Waffles Grilled Hotdog Baked Beans Steamed Broccoli
19 Egg & Cheese Biscuit Chicken Patty Sandwich French Fries Steamed Peas	20  Tornado Spaghetti Garlic Bread Green Beans	21 Strawberry Bagel  Tater Tot Casserole Green Beans Dinner Roll	22 Pancake Wrap Sweet & Sour Chicken Steamed Broccoli Brown Rice	23  Apple Frudel Sloppy Joe French Fries Ice Cream
26 Chocolate Chip French Toast  Pizza Steamed Corn Jello	27 Chicken & Biscuit Pork Tenderloin Mashed Potatoes Gravy Dinner Roll	28 Cherry Frudel  BBQ Meatballs Muffin Honey Glazed Carrots	29 Tornado  Cheeseburger Mac & Cheese Steamed Peas French Bread	30 Pancake Wrap Chicken Fajitas Green Beans Long John

All grains are whole grain rich.

Fresh Fruit and vegetable bar offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.

